**** José Antonio Bowen: **Cognitive Wrapper for Writing**

**Rationale:**

This form will help you plan and then evaluate your own plan, preparation and production of a college paper.

**Preparation: Do this BEFORE you start your paper.**

1. What is this assignment REALLY about? Look at the rubric or evaluation criteria the professor plans to use to grade them. What are the MOST important things on which you need to focus?

2. What are the parts that need to be accomplished? For example: thesis, research, good examples, sources, bibliography, brainstorming, outline, sections, or drafts?

3a. How much total time do you estimate this paper will require? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3b. How long will it take from when you start until the paper is finished?\_\_\_\_\_\_\_\_\_\_\_\_\_

4. What % of your time should be spent on each of these activities? (You do NOT need to select all or even most of these suggestions.)

Reading textbook section(s) for the first time \_\_\_

Re-reading your class notes \_\_\_

Writing ideas on paper by hand \_\_\_

Reading/studying other materials \_\_\_

Rewriting key concepts into your own words \_\_\_

Connecting Ideas \_\_\_

Researching in sources you found \_\_\_

Finding online content \_\_\_

Collecting Resources \_\_\_

Thinking about your topic \_\_\_

Finding inspiration \_\_\_

Brainstorming or Conceptualizing \_\_\_

Sharing Ideas with others \_\_\_

Drafting \_\_\_

Editing \_\_\_

Having a friend read your work \_\_\_

Reviewing concepts and ideas with a friend \_\_\_

Other  (Please specify: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ )

**Once you have completed the paper and have feedback, then complete the back side of this exercise.**

**Reflection: Do this AFTER you have completed the paper.**

How much total time did this paper require? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How long did it take from the first day you really started working until the paper was finished? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What % of your time was ACTUALLY spent on each of these activities?

Reading textbook section(s) for the first time \_\_\_

Re-reading your class notes \_\_\_

Writing ideas on paper by hand \_\_\_

Reading/studying other materials \_\_\_ From where?\_\_\_\_\_\_\_\_\_

Rewriting key concepts into your own words \_\_\_

Connecting Ideas \_\_\_

Researching in sources you found \_\_\_

Finding online content \_\_\_

Collecting Resources \_\_\_

Thinking about your topic \_\_\_

Finding inspiration \_\_\_

Brainstorming or Conceptualizing \_\_\_

Sharing Ideas with others \_\_\_

Drafting \_\_\_

Editing \_\_\_

Having a friend read your work \_\_\_

Reviewing concepts and ideas with a friend \_\_\_

Other  (Please specify: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ )

**Comparison**:

Now that you have listened to my feedback, the feedback of your classmates, looked over your graded exam, read the response to your paper:

Estimate the points you lost due to

Trouble with definitions \_\_\_

Not enough of an original idea \_\_\_

Careless mistakes \_\_\_

Grammatical mistakes \_\_\_

Not enough research \_\_\_

Not being able to formulate an approach to the problem \_\_\_

You were unclear of the expectations \_\_\_

Did not find the right information \_\_\_

Anxiety (and specifically over what?) \_\_\_

Other \_\_\_

**Adjustment:**

What might you do differently next time? Be specific. For example, will you spend more time, start your preparation earlier, change a specific study habit, try a new one (if so, try to name it), sharpen some other skill (if so, name it), visit office hours or something else?